

February 1969

'But there is hope'

From Brockton, Mass.:

I have just read the book *Alcoholics Anonymous* and have found some peace of mind just knowing you people are out there. Through your work and the help of another organization, I have found hope for release from despair, fear, and resentment. I have also found hope for my alcoholic husband, although he is still an active drinker.

Your book has carried me through a separation from my husband. Thank God, it was not a messy ordeal; but, with your help, Al-Anon, and God, it was something that I hope will help him reach his bottom. In his suitcase, I put an AA local-meeting list. I've done so many wrong things before Al-Anon, I do hope this was right.

He had refused help, so I said that for my own mental and physical welfare a separation was in order, but if he wanted help it was only a matter of a phone call or a short drive any night of the week; then we could work things out.

Heaven knows, before all the help I've had from going to your meetings, I made thousands of mistakes simply because I did not understand. Total confusion racked my brain, leaving me emotionally very ill. I've at last found some peace through understanding the alcoholic problem.

Right now, things are lonely, but not filled with self-pity and resentment. The wives are a confused lot, as you well know, but there is hope.

I hope your work and program continue to grow. God bless you all. I hope some day I'll have a husband who is on your program; meanwhile, I can pray for him and myself and our four children.

B. B.