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## Facts Have A Life Of Their Own

NOT LONG AGO I read a sign on a wall: "Don't confuse me with facts, my mind is already made up." It occurred to me that that could be applied to the so-called "slipper." If we call our sponsor or a fellow AA for help *before* we take that first drink, we won't make our minds up without at least a reminder of the facts. Better we should be confused with facts than with alcohol!

One fact that helps me is that once an alcoholic has been introduced to AA he will usually come back—and although I have never had a slip (yet) I understand from those who have that each time they come back it is harder to make the

program and then, too, it is always doubtful whether we will have another chance at all.

The facts gleaned from past experiences of alcoholics and available for all of us to read in the Alcoholics Anonymous book make clear too that alcoholism is progressive; so, too, is sobriety. Don't wait until you take that first drink to call for help—call first! Regular attendance at meetings and association with fellow members of AA are constant reminders of the facts, too. Thank God and AA we do not have to slip ... we can profit by the past experiences of others.

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